

# The Public Manager



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## Jung ang CES Club!

*“Your vision will become clear only when you look into your heart. Who looks outside dreams. Who looks inside awakens. “*

*The* Career Executive Service Board, in partnership with the Carl Jung Circle Center (CJCC), successfully brought together CESOs and eligibles in “Alchemy that Works,” CES Club’s conference cum workshop on understanding one’s self through Jungian psychology last July 10-11, 2014 at Club Filipino, Greenhills, San Juan.

Jungian psychology is based on the works of Swiss psychiatrist and psychotherapist, Carl Gustav Jung, who went in search of the depths of the psyche and discovered that the unconscious is an inner space inhabited by symbolic figures he called archetypes. Through this concept, the conference aimed to give attending public managers a better appreciation of their unconscious side, and a deeper understanding of their personal symbols and stories. These, hopefully, would provide them more insightful ways in dealing with the challenges both in their personal and professional lives.

The first day covered interesting topics on one’s self which were clearly expounded by experts in the field including CJCC Counselor and Faculty Joji Racelis, who shared her personal adventure in mountain climbing as an experience that depicted the principles of Jungian Psychology. Racelis called such experience a “Hero’s Journey,” a voyage that enables people to transform darkness or depression in their lives as



**Governance that works.** Together with CESB Executive Director Maria Anthonette Velasco-Allones (center), CESOs and eligibles discovered “Alchemy that Works,” CES Club’s third session on understanding one’s self through Jungian Psychology last July 10-11, 2014 at Club Filipino, Greenhills, San Juan.

an opportunity to grow, restore faith and inspire others.

An equally motivating follow through, Clinical Psychologist Dido Gustilo-Villasor explained in the Therapeutic Framework of Jungian psychology, the representation of one’s self in dreams, fantasies and images, and the Jungian concept of recognizing and interpreting these representations so that their meaning is understood and their impact is experienced.

Gender-related issues were also discussed in the forum as Family Counselor Maureen Sandejas shed light on “Mother Complex,” a group of feelings

associated with the experience and image of a mother and has differing effects in a son or in a daughter; while Retirement Fund for Private Education CEO Bernadette Nepomuceno illustrated the masculine and feminine side of a person in her talk “Man and Woman in You.”

Understanding one’s self went deeper towards the end of Day 1 as Psychologist Sophie Sim-Bate provided helpful ideas during life transitions in her talk “When Life Changes,” while Psychiatrist Rene Samaniego gave the participants a take-home mental exercise with “Selfie,” a simple lecture on the art and practice of

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active imagination as developed by Carl Jung.

### Day 2 – Living the Filipino spirit

The second day was packed with equally exciting talks and presentations geared towards exploring the national psyche.

To explain the Warrior Culture in the Philippines, Sandra Ebrada, a Ph.D Candidate on Philippine Studies, read epics from Luzon, Visayas and Mindanao. The epics, which are long narratives of the adventure and romance of ancient heroes, depicted the strong qualities of Filipinos as a warrior—brave, has very strong sense of duty, and treats women with high regard.

Also tackling the influence of ancient Filipino practice and belief was National Historical Commission of the Philippines Commissioner Fe Mangahas who introduced the Babaylans, their expertise in culture, religion, medicine, natural and spiritual phenomena, and their significance in the pages of Philippine history.

Tracing the Filipino religious beliefs continued as Jose Alain Austria, Visual Artist and Faculty for History at the De La Salle University- College of St. Benilde outlined the origin of the Black

Nazarene of Quiapo in a Jungian perspective. He said that the image is a wealth of symbols and phases that represent self and wholeness, darkness, mystery and miracles.

Meanwhile, Art Valdez, Explorer and Team Captain of Mt. Everest and Balangay Expeditions, gave a heart-warming talk that underscored the Filipinos' talent, energy and determination to overcome daunting waves of challenges that they face in the vast sea of life. In his talk "Balangay and the Filipino Navigator," the former Department of Transportation and Communications Undersecretary articulated the significance of Filipino

pride in building the nation, and in showing the world what it can accomplish through its unsinkable spirit.

Finally, Conference Chair and Clinical Psychologist Rose Marie Yenko, together with Dr. Gustilo-Villasor, engaged the audience in an activity that helped them realize which among their gifts in the Filipino Psyche—artist, navigator/wanderer, tribal member, warrior/protector, healer, mystique, islander, reveller, child of Eden—are active, raw and need to be developed.

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# CES Written Exam and Strategic Forum: Promoting leadership excellence in the Bangsa Moro

*The* Career Executive Service Board successfully concluded the special CES Written Examination (CES WE) and the 4th CES Strategic Leadership Forum on June 23, 2014 at the Systems Technology Institute (STI) College and at the Al Nor Hotel and Convention Center in Cotabato City, respectively.

A total of 44 officials from different departments in the Autonomous Region in Muslim Mindanao (ARMM) took the examination. The CES WE was administered exclusively for ARMM officials upon the request of Bangsa Moro Executives and Leaders League (BELL), Inc. President Mr. Diminatang M. Radia. The result of the said exam will be released two months from the date of conduct.

Later that day, the CESB also conducted the 4th CES Strategic Leadership Forum. Anchored on the theme, "Pathfinding Service with the Speed of Change," the forum was packed with learning sessions and discussions on the creation of a strong corps of career executives in the Bangsa Moro.

Mr. Radia welcomed a total of 77 participants and walked them through the mission, vision and goals of BELL. CESB Deputy Executive Director Arturo M. Lachica gave a fitting follow through as he opened the session with an orientation on the Career Executive Service, its mission-vision and its role in upholding professional development and growth among career administrators.

On the other hand, Department of Education – Dumaguete City Schools Division Superintendent and 2012 Gawad CES Awardee Ramir B. Uytico enumerated the specific competencies for an effective and accountable executive performance through his talk entitled "The Six Core Competencies of the CES: Crafting a Culture of Ethical Leadership and Innovative Governance for Development." Finally, through a workshop aptly themed "Laying the Foundation of Leadership Excellence and Good Governance in the Bangsa Moro," participants were able to craft the building blocks and define a clear roadmap leading to the creation of a corps of executives in the Bangsa Moro. They discussed the essential requirements in establishing the group, as well as the factors, developments and challenges that may retard or obstruct its establishment. They also identified the stakeholders and their respective roles and tasks; and the programs, interventions or measures included in the creation of the corps of Bangsa Moro executives.

The program ended with the induction of the officers of BELL and a dinner that celebrated continuous learning, camaraderie and strengthened collaboration geared towards the delivery of accountable leadership, good governance and eventually, sustainable peace and development in Mindandao.

The CES Strategic Leadership Forum is a learning session series that provides a platform for thought leaders, subject matter experts and public service exemplars to dialogue with career service officers and share ideas, innovations, insights, lessons and experiences. Ultimately, the forum hopes to deepen and sustain collective inspiration to improve the quality and impact of leadership and governance. 



# Gift of Paglaum shines brighter in the Summer Capital of the Philippines

*The* Career Executive Service Board (CESB), in partnership with the National Economic and Development Authority - Cordillera Administrative Region (NEDA-CAR), kept the torch of hope burning as it headed to the second leg of Project Paglaum Training-Workshop which was held at the Summer Place Hotel, Baguio City last June 26-27, 2014. Twenty-three (23) participants from various government agencies and non-government organizations in CAR attended the program.

Project Paglaum, which was named after the Visayan term for hope, was launched last year as the CESB's initiative to reach out to survivors of typhoon Yolanda. It aims to develop the participants' capacity and competence in facilitating psycho-social processing activities among survivors of disasters and calamities. These activities are envisioned to contribute to efforts in rebuilding lives and communities, and more importantly, igniting the flame of hope in the hearts of disaster survivors. Aply, graduates of Paglaum Training-Workshops are called "hope bearers."

NEDA-CAR Director Milagros A. Rimando, CESO II, welcomed the new batch of hope bearers and mentioned the timely conduct of the training on mental health and psychosocial support (MHPSS) not only because rainy season has already started but also because their region is prone to landslides and earthquakes due to its elevated and mountainous terrain.

CESB Executive Director Maria Anthonette Velasco-Allones, CESO I, graced the program with an inspiring message, where she explained the importance of learning the skills in providing psychosocial support and of being able to assess the impact of disasters to the psychological health and wellness of disaster survivors because such aspects are intangible and subjective, therefore difficult to measure. She also emphasized that to become an effective hope bearer, one should deeply think through his/her self and be prepared to relate to others.

Care and Counsel Wholeness and Training Center (CCWTC) Founder and President, Dr. Violeta V. Bautista acted as lead facilitator of the two-day training workshop. Her co-facilitators were her associates in the CCWTC and three hope bearers from the pioneer batch, namely, Ms. Leila P. Areola of the Department of Education-Cagayan; Ms. Salvacion Z. Baccay of the Department of the Interior and Local Government, Tuguegarao City; and Ms. Christianne C. Suguitan of the Department of Agrarian Reform-Region I.


The program was comprised of various lectures on basic principles and skills on psychosocial support in disaster situations; effects of disaster on children, adults and family; and gender, cultural and spiritual sensitivity in disaster mental health work; self care; and psychological first aid. The second batch of hope bearers also engaged in different psychosocial processing activities including art, music and dance sessions, simulation and debriefing dialogues. Furthermore, they gathered as one during the homily/ ecumenical service themed



**Bearers of hope and light.** Participants of the Project Paglaum Training Workshop – Batch 2 accepted the challenge to become hope bearers by providing psychosocial support to disaster victims.

"Fellowship in Suffering."

As the participants concluded the program with a closing ritual that celebrated paglaum (hope) and pagbinuligan (helping one another), Director Rimando accepted the challenge of rekindling hope and rebuilding lives in disaster-ravaged communities. She encouraged everybody to start their journey as hope bearers by cascading the acquired skills and competencies on providing MHPSS to their respective organizations to heighten their sense of volunteerism and sensitivity towards the need of others.

The first batch of hope bearers has successfully completed the training workshop on January 28-30, 2014. Some of the graduates of the workshop went through an immersion activity, anchored on the theme "Kamustahan sa Kapwa Kawan," which was attended by almost 200 employees from various government agencies affected by super typhoon Yolanda in Tacloban City. 



# New AFP Chief of Staff is CES pride



The Career Executive Service Board congratulates one of its CES eligibles, Lieutenant General Gregorio Pio P. Catapang Jr. who was appointed by President Benigno Aquino III as the new Chief of Staff of the Armed Forces of the Philippines on July 15, 2014.

Prior to his appointment, Lt. Gen. Catapang was the Vice Chief of Staff of the AFP. He also served as the Commander of the Northern Luzon Command (NOLCOM) and the 7th Infantry Division (7ID).

The new AFP chief belonged to the Philippine Military Academy “Dimalupig” Class of 1981. In 2005, he also took up Defense and Strategic Studies at the Australian Defense College where he graduated with honors.

Living true to his name, Lt. Gen. Catapang received several awards that recognized his bravery and combat skills as well as his advocacy against climate change. He was hailed “instrumental in the normalization of Northern and Central Luzon” during his term as commander of NOLCOM and 7ID; and was also honored for his contributions to the success of relief operations mobilized for typhoon Ondoy survivors in 2009.

A pride of the CES, Lt. Gen. Catapang hurdled the four-stage CES Eligibility examination process and was conferred the CES eligibility on October 7, 2009 through Board Resolution No. 816.

Lt. Gen. Catapang was born in Manila and leads a happy family life with wife Vilma, and children Rafael Andre Louis Carlos, Gabriel, Mikhael and Ysabel. 🌐

## ◀2 Jung ang CES...

The two day conference was a feast of learning and discovery made even more exciting and fun through activities, such as the picking of the runes and *baybayin* (which served as Day 1 and Day 2’s guiding principle, respectively), and demonstrations on *arnis* and *pangalay*—a pre-Hispanic healing offering performed by the Alun-Alun Dance Circle.

It concluded with an old Filipino ritual on bidding friends goodbye, hoping that the insights, camaraderie and rediscovery formed in two days had provided CESOs and eligibles a great opportunity to look inside their hearts and see a clearer vision of their role in building the nation and inspiring their people. 🌐

## Leadership Forum heads back to Zambo!

Salud! The Career Executive Service Board will hold the 5th CES Strategic Leadership Forum on 31 July 2014 (Thursday), 9:00 am to 5:00 pm at the Grand Astoria Hotel, Zamboanga City. With the theme: “Strategic Leadership in the CES: Pathfinding Service with the Speed of Change,” the forum defines the value of ethics, managerial preparation and leadership competence as key foundations of strategic leadership. It showcases creative, purpose-driven and game-changing innovations which have re-defined the scope, meaning, quality standards and impact of public service in a challenging and evolving governance environment.

The CES Strategic Leadership Forum is a learning session series that provides a platform for thought leaders, subject matter experts and public service exemplars to dialogue with career service officers and share ideas, innovations, insights, lessons and experiences. Ultimately, the forum hopes to deepen and sustain collective inspiration to improve the quality and impact of leadership and governance.

Attendance in and completion of the forum earns eight (8) hours of training credit for each participant. **There is a minimal Registration Fee of One Thousand Pesos (PhP 1 000.00)** which may be charged to agency/office funds since the conduct of and attendance in CESB trainings, workshops and conferences are exempted from the provisions of Administrative Order No. 103, dated 31 August 2004. The registration fee may be paid in cash or in cheque (payable to the Career Executive Service Board) on the actual day of the event during registration at the CESB Secretariat. [Please download the Registration Form by clicking the link here.](#) Accomplish the Registration Form and fax it to Professional Development Division at Telefax No: (02) 952-0335 on or before 25 July 2014 (Friday) or email to [stratleadforum@gmail.com](mailto:stratleadforum@gmail.com).

**NEWLY-APPOINTED TO CESO RANK** (JUNE 17, 2014)**ORIGINAL APPOINTMENT TO CESO RANK****DEPARTMENT OF EDUCATION****ARSENIO TOROTORO CORNITES JR., CESO V**

Acting Schools Division Superintendent  
CARAGA Administrative Region  
Division of Agusan del Norte

**GREGORIO CYRUS RICAFORT ELEJORDE, CESO VI**

Acting Assistant Schools Division Superintendent  
Region VII  
Interim Division of Carcar City

**ALBERTO ARZADON MACOB, CESO VI**

Assistant Schools Division Superintendent  
Region I  
Division of La Union

**DEPARTMENT OF BUDGET AND MANAGEMENT****AKMAD JUANDAY USMAN, CESO IV**

Acting Director III  
Region XII

**ADJUSTMENT IN CESO RANK****DEPARTMENT OF EDUCATION****ELIZABETH ELIGADO QUESADA  
from CESO VI to CESO V**

Schools Division Superintendent  
National Capital Region  
Division of Marikina City